**Training Module. CORE content:**

| Unit | Description | Must include | Learning tools (e.g., checklists, case studies, link to online documents, videos) | Length (time required to cover content) |
|---|---|---|---|---|
| 1. Welcome | Why this training, audience, objectives, how to navigate, available tools, recommendations for use, partners involved | | | |
| 2. Active ageing and social dialogue. What are we talking about? | What do we understand for Active Ageing (AA)? Is AA age management? Why is AA important to social partners? | Initial quiz to identify perceptions and attitudes on AA (example provided by Mariano) | | |
| 3. Barriers and facilitators. What to do? | Main barriers to foster an AA culture at the workplace and how to overcome them. Main facilitators and how to enhance them | Reformulation job adaptation practices in place as AA practices (example provided by Mariano) | | |
| 4. Good practices | Selection of powerful, promising, inspirational AA initiatives in any area linked to industrial relations and dialogue between social partners | Bilateral funds in Italy (example suggested by Matt) | | |
| 5. Measuring progress | How can we measure progress as we monitor and evaluate AA initiatives in industrial relations? | Scale to measure quality of AA at the workplace (example provided by Mariano) | | |
| 6. Pool of resources | Compendium of different resources of interest (other than good practices): key legislation, expert roster, links to available support services, and so on. | A tool that allows key stakeholders of active ageing to estimate the cost of a given measure (example provided by Paolo) | | |
| 7. Community of practice | Message board allowing participants to get in touch with national and international colleagues looking into AA in industrial relations | | | |