

www.adapt.it - formazione@adapt.it

Curriculum vitae of **Valeria Viale**



Areas of Expertise

The study that I developed during the last years about work life balance gave me the opportunity to analyze different European approaches to gender mainstreaming, as well as different gender equality policies and practices.

I also carried out a study about the regulatory framework on paternity leave in EU, analyzing the issue of men's involvement and participation rate into work-life balance policies.

Education

MA Public and Constitutional Law Università La Sapienza di Roma - Facoltà di Scienze politiche.

Bachelor Degree English Language and Literature, German Language and Literature and Linguistic Università degli Studi di Roma La Sapienza – Facoltà di Lettere.

Work Experience

From 1998 ISFOL (National Research Institute for Employment and Training): Researcher in domestic and European work-life balance policies and Social Inclusion, Equal Opportunities and fight against discrimination.

Secondment to the Presidency of the Council of Ministers – Department for Family Policies (2007 – 2010): providing technical assistance on policies for work-life reconciliation; providing tools that allow each individual to live better their multiple roles within the complex societies, with particular reference to the “productive” and “re-productive” role; managing (drafting and research) Law 8 March 2000, n. 53. Provisions for maternity and paternity leave, care, education and training support and time management policies.

Professional Skills

Organization, coordination and management of working groups. Reporting moderation and facilitation. Organization and planning of seminars, at technical and institutional level. Networking and communication with stakeholders. Good communication skills gained through my experience managing work groups. Facility skills.

www.adapt.it - formazione@adapt.it

Language Skills

| Language | Understanding | | Speaking | | Writing |
|----------|------------------|----------------|---------------------------|--------------------------|---------|
| | <i>Listening</i> | <i>Reading</i> | <i>Spoken interaction</i> | <i>Spoken production</i> | |
| English | B2 | C1 | B2 | B2 | B2 |
| German | B2 | B2 | B2 | B1 | A2 |

IT Skills

Good command of Microsoft Office™ tools

Personal and Social Skills

Good communication skills gained through my experience managing work groups. Organisation of work groups. Technical assistance support to improve project delivery and quality. Facility skills.

Non-professional Interests

Reading, theatre, movies, travel



the ADAPT state of mind