

www.adapt.it - formazione@adapt.it

*Curriculum vitae of*

## Tabata Maini

### Areas of Expertise

Italian Labour law  
Italian Business law

### Education

2021/2022 – Master degree in Law at University of Siena

January 2022-May 2022 Erasmus+ for Studies at University of Galway

2017 – High school diploma in classical studies

### Work Experience

From October 2023 she is Junior Fellow at ADAPT

From October 2023 she is apprentice at ANCL

### Professional Skills

People management, coaching, goal setting, stress management, team working, reliability, cooperation, self-regulation, trustworthiness, creation of plan, punctuality.

### Language Skills

#### Italian

Native speaker

#### English

Advanced (C1)

### IT Skills

Office, Canva, Gmeet, Zoom, Teams, social networks.

### Personal and Social Skills

Communication, active listening, non-verbal communication, empathy, giving constructive feedback, sympathy.



Scuola di alta formazione in **transizioni occupazionali e relazioni di lavoro**

[www.adapt.it](http://www.adapt.it) - [formazione@adapt.it](mailto:formazione@adapt.it)

### **Non-professional Interests**

Cinema, theater, reading, travel, food.

### **Personal Contacts**

Cell number: +39 3273142251

Address: Via Fontanelle 11b Amorosi (BN)

e-mail: [tabata.maini@gmail.com](mailto:tabata.maini@gmail.com)

linkedin: tabata.maini



*the ADAPT state of mind*