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Curriculum vitae of

Amy O'Reilly



Areas of Expertise

Labour relations
Industrial relations
Labour studies

Education

Master's Degree in Governmental Sciences (LM-62) and European Studies (July 2024) at the University of Turin and Sciences Po Bordeaux. Final grade: 110/110L with special mention – Mention: très bien

Bachelor's Degree in International Sciences and Political Science (September 2021) at the University of Turin and Sciences Po Bordeaux. Final grade: 110/103 – Mention: bien

ESABAC Highschool Diploma (July 2018) at Liceo Altiero Spinelli di Torino. Final grade 100/94 – 15/12.

Work Experience

September 2025 – ongoing: **ADAPT Junior Fellow**

January 2025 – July 2025: **Junior Consultant at EU Core Consulting (Turin)**

- *Project Management
- *Office administration
- *Consortium partner management
- *Event organising
- *Dissemination and communication activities
- *Research call overview and analysis
- *Overview of legal documentation: ie. Consortium Agreements, NDAs etc.
- *Writing of meeting minutes

July 2024 – December 2024: **Research Assistant at Collegio Carlo Alberto (Turin)**

- *Data analysis
- *Scientific writing
- *Data aggregation
- *Excel skills

September 2023 – December 2023: **Policy assistant at the Piedmont Region Brussels office**

- *Speech writing
- *Writing of meeting minutes
- *policy analysis

Professional Skills

Project management skills: My experience in managing Horizon Europe research projects has allowed me to gain a detailed understanding of how complex projects work — from consortium management, which requires strong mediation skills, to the day-to-day organisation of tasks, which demands great planning ability and adaptability. Thanks to the variety of responsibilities involved, I also developed strong problem-solving skills, sometimes applying cross-cutting and innovative approaches.

Research assistance skills: During my time as a research assistant, I learned not only to analyse data from a statistical/scientific perspective, but also to identify less obvious connections between data and trends. This made me more insightful in my analyses and more creative. I also learned how to write clear and concise scientific reports.

Labour market analysis skills: During my studies, I specialised in labour policy and labour law. These areas of focus deepened my interest in the field and sparked further personal curiosity. Moreover, while writing my master's thesis, I had the opportunity to interview several key figures from both the academic world and the trade union sector, which helped me refine my interpersonal skills and field research abilities. I also developed strong skills in summarising and reworking academic papers and scientific texts.

Language Skills

Italian: mother tongue

English: mother tongue

French: French University degree (C1), Sciences Po Bordeaux 2021, 2024

German: B1 Certificate from the Goethe Institute 2016

IT Skills

Office package: advanced (Excel advanced certification – 2025)

Web Browser: advanced

Social media: advanced

Personal and Social Skills

I am very adaptable and a skilled problem solver thanks to my experiences abroad, which allowed me to experience university and work environments that I was previously unaccustomed to. I am also sociable and affable, especially in collaborative environments in which I especially thrive. I am particularly skilled in liaising and in developing shared solutions, thanks to numerous debating experiences during high school.

Awards and e Acknowledgments

My Master's thesis on the evolution of labour relations in the Italian automotive sector was chosen to be presented at the National Conference of Doctoral students in the Social Sciences.

Non-professional Interests

Outdoors and nature lover, especially dedicated to indoor climbing of all kinds.

I also have a passion for music.

Personal Information

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