

Scuola di alta formazione in transizioni occupazionali e relazioni di lavoro

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Curriculum vitae of

Carla Saponaro

Areas of Expertise

Human Resources Management Training Recruiting

Education

Postgraduate Master in Human Resources, Radar Academy, Torino.

Postgraduate Master in Bioethics, Torino University.

Master's Degree in Philosophy, Torino University, grade: 110/110L.

2019

Bachelor's Degree in Philosophy, Pisa University.

Work Experience

November 2025 – Present: ADAPT Junior Fellow

April 2024 - Present: Sanipiù (Lavoropiù Group), Senior Recruiter for Middle & Top Management:

- Client relations
- Search and selection of managerial profiles
- Employment relationship management

January 2024 – March 2024: La Risorsa Umana Srl:

- Search and selection
- Use of recruitment channels

Professional Skills

Human Resources skills: The postgraduate master's program allowed me to build the expertise to navigate the human resources domain, combining hard and soft skills.

Philosophical skills: My Bachelor's and Master's studies in Philosophy allowed me to develop transversal competences such as critical thinking, complex analysis and written communication.

Language Skills

English: European level A2.







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IT Skills

Word processing: highly specialized

• Spreadsheets: highly specialized

• Presentation software: highly specialized

Personal and Social Skills

Astute, curious and dynamic. Ambitious, inclined to work in a team but also able to work independently. Excellent problem-solving skills. Excellent communication abilities.

Non-professional Interests

Passionate about animal rights and environmentalism, I have collaborated with a non-profit organization (LEAL) to help spread awareness of animal rights issues. I love reading, as well as bioethical and moral philosophy.

References

Luca Lo Sapio, Professor of Bioethics and Moral Philosophy at the University of Turin. Email: luca.losapio@unito.it

