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Curriculum vitae of
Riccardo Stefano



Areas of Expertise

INDUSTRIAL RELATIONS
CORPORATE WELFARE
HUMAN RESOURCES MANAGEMENT
LABOUR LAW

Education

Master's degree in Human Resources, Labor Sciences, and Innovation (LM/SC-GIUR) from La Sapienza University of Rome, obtained in November 2025 with a grade of 110/110 cum laude. The thesis in Compensation and Welfare Policies was entitled: "Variable compensation and the evolution of corporate welfare: legal and tax profiles and current trends."

Bachelor's degree in Labor Consulting and Human Resource Management (L-16) from the University of Turin, obtained in April 2023, with a thesis in Finance entitled: "Cash use and the underground economy."

High school diploma in Hospitality from the Federico di Svevia Vocational School in Termoli (CB), obtained in 2018.

Work Experience

November 2025 – at present: **ADAPT Junior Fellow**.

June 2021 – September 2025: **Mirò Wine & Spirit (Vasto)**, Barman.

June 2024 – September 2024: **Baja Village (Vasto)**, Barman.

February 2016 – September 2019: **Beach Bar (Vasto)**, Barman.

Professional Skills

Skills in labor law: thanks to the various courses in labor law that I took during my bachelor's and master's degrees, I was able to cultivate an interest in fundamental issues in the field, including industrial relations, collective bargaining, corporate welfare, and social security.

Human resources management skills: thanks to my undergraduate and master's degrees, I was able to constantly and thoroughly explore the field of human resources management, developing projects (group work, research, case studies) and studying both the sociological and psychological aspects.

Language Skills

Italian language:
Native speaker.

English language:

- * Good knowledge of written and spoken English
- * English course, held by the Redford Center, from December 2025 to February 2025

IT Skills

Office package: excellent knowledge
Social network: excellent knowledge
Web browser: excellent knowledge
Data analysis software: basic knowledge

Personal and Social Skills

Curious, self-reflective, empathetic, willing, open-minded, and inclined to engage in discussion. Excellent ability to work in a team and independently, developed through experience in competitive basketball.
Excellent problem-solving skills and strong communication skills.

Non-professional Interests

Sports in general, with particular reference to basketball, alpine skiing, cycling, and volleyball. Strong interest in cooking and the world of cocktails, areas in which I have gained experience over many years. I have also participated in national competitions, achieving third place in the Italian final of the Maestri dell'Espresso championship (organized by Illy).

Personal information

E-mail: riccardo.stef99@gmail.com
LinkedIn: Riccardo Stefano
Date of birth: 18/09/1999
Place of birth: Vasto (ch)
Citizenship: Italian
Place of residence: Rome
Driving licence: A - B